

CB Studio



# what to wear







I know you've heard it before, but the key to a successful session really is to be yourself. You are unique, let your style and personality shine!

## **BE COMFORTABLE**

I always say to wear what makes you feel comfortable, confident and is YOUR style. During your session we will be incorporating poses that include sitting, laying down or walking so you'll want to make sure you can comfortably move in your outfit and feel confident that you are looking your best no matter what your position may be.

### **AVOID DISTRACTING ELEMENTS**

Always keep in mind that neon colors, large pictures or words and bold patterns can be a HUGE distraction. Our eyes tend to be drawn to these things more then your face.

### ADD ACCESSORIES AND LAYERS

Bringing along accessories like a hat, jean jacket, chunky necklace or scarf can totally change up a look and add more variety to your images without having to completely change an outfit. Layers adds tons of dimension as well. Try pairing a sheer cardigan with a summer dress or fun statement earrings with a simple top. In the fall or winter you can pair a sweater cardigan with a flannel and a long necklace. Layers and accessories also adds more options for posing.

# **EXPERIMENT WITH TEXTURES**

Don't be afraid to pair different textures together. Think leather, sequins, cable knit, lace, faux fur all can add more depth to your portraits.

### **NUMBER OF OUTFITS**

A common mistake for some seniors is choosing too many outfits, believe it or not! Having too many images (because of having several outfits) to pick favorites from can be overwhelming and even daunting! Choosing 3-5 outfits for a good number and variety.

### **YOUR STYLE**

Last but certainly not least...be true to you and your style. Choose outfits that reflect your personality more so than what the current fashion is. Sometimes the latest clothing fads are not always best. I want you to look back on your images and love them...whether it's a couple months later or a couple years later. I never want you to think "What was I thinking wearing that!?" or "That's not really me in that outfit." If you're ever in doubt about anything just ask yourself, "Would I wear this on a regular basis? Is this apart of my daily routine? And is this really ME?"